



A Women's Journey to Israel

Reunite. Reconnect. Rebuild

November 9-14, 2025

Draft Itinerary

MONDAY - NOVEMBER 10, 2025

Arrival on Monday Morning at 6:55 am. LY28

Upon arrival, enjoy our **V.I.P. Meet & Greet Service** for a smooth and expedited airport experience. Meet your guide and depart the airport.

Drive to Jerusalem, directly to the Old City

- 9:00 a.m. Mark your arrival in Jerusalem with the traditional opening *Shehecheyanu* at the Kotel
- 11:00 a.m. Check in to the hotel, with time to refresh
- 12:00 p.m. A light lunch with **Ksenia Svetlova** (an Israeli politician, journalist, associate professor at the Hebrew University of Jerusalem and policy fellow at the Israeli Institute for Regional Foreign Policies. She served as a member of the Knesset for the Zionist Union.
- 2:00 p.m. Interactive hands-on workshop with medical clowns** at Shaare Zedek Medical Center in Jerusalem. Experience firsthand how these skilled professionals use humor and empathy to support patients' emotional well-being and aid healing. This unique session offers practical techniques and insights into the powerful role of medical clowns in healthcare settings.
- 4:00 p.m. **Meet with Israel's First Lady, Michal Herzog** - a respected lawyer and dedicated public advocate. In addition to her legal career, Mrs. Herzog has served on the board of **Ma'aleh**, an organization committed to advancing corporate social responsibility and ethical leadership in Israel. Today, she is deeply involved in national efforts to address the **widespread trauma and emotional resilience challenges** facing Israeli society, particularly in the wake of recent events. Her work reflects a deep commitment to healing, empathy, and strengthening the social fabric of the nation.



5 p.m.

A Night at the new National Library(including private tour of the library and dinner)

Overnight: David Citadel, Jerusalem



TUESDAY - NOVEMBER 11, 2025

Breakfast at Leisure

9:00 a.m. Depart Jerusalem

10 a.m. **Making a Difference: Volunteer at "The Frontline Home"**. Join a meaningful initiative at **"The Frontline Home" (Hazit Habait)**, a heartfelt social project dedicated to supporting families impacted by the war. Located at the expansive 1,500-square-meter hangar on Karmi Farm in Ein HaHoresh, this inspiring effort provides essential furnishings and household items to help displaced families rebuild their lives and rediscover a sense of belonging, no matter where they are.

As a volunteer, you'll be part of a hands-on mission of compassion and solidarity. The hangar serves as a hub of hope and healing, featuring a **free-of-charge store** stocked with donated furniture and essentials for residents of the Gaza region and Northern border communities. Your efforts will directly impact families, ensuring they have the tools to turn their new spaces into welcoming homes.

12 p.m. Visit the healing center at Rishpon, tour this amazing facility and meet with survivors and their helpers. (including lunch)

2:30 p. m Stop at Hostage Square where Israelis gather in a call to release all the hostages held in Gaza. Among the crowd are family and friends of those held in Gaza, MK's, artists and other Israelis who stand together in solidarity.

Faces of resilience Walk and see with your own eyes buildings that were damaged or destroyed by the Iranian missiles, with the chair of JAFI Fund for victims of Terror, Advocate **Ayelet Nahmias-Verbin**,

Time on own for shopping in TA

6:30 p.m. Having fun and doing good , invite kids and youth to dance together **Guru Zuzu - fun and enriching activity on the streets of Tel Aviv** - Join the Guru and turn the volume on for an exceptional urban experience in the heart of Tel Aviv. We will sing, dance, laugh - and enjoy all the things that our body and soul need in this current time. One of the most powerful experiences in Israel with high levels of fun guaranteed!

8:00 p.m. **Dinner at Taverna Del Mare, Chef Tom Aviv's** vibrant culinary haven nestled in the heart of Tel Aviv's bustling Carmel Market. This kosher seafood taverna reflects Chef Aviv's global culinary journey, blending Mediterranean flavors with a modern twist.

Overnight: David Citadel, Jerusalem



WEDNESDAY - NOVEMBER 12, 2025

Breakfast and check out

8:30 a.m. Depart to Rishon Le’Zion

9:30 a.m. Visit Hagal Sheli -a program that helps trauma survivors become emotionally stronger through surfing.

11:30 a.m. **Visit Kibbutz Erez** - take part in the ongoing efforts to rebuild a community shaped by both loss and resilience. As you work alongside the Kibbutz’s members, hear their personal stories from that harrowing day and their journey toward healing; where grief and hope live side by side, and every act of rebuilding is a step toward renewal.

Lunch at the Kibbutz

3 p.m. Lookout from **The Nahal Oz Observers Memorial Monument** honors the brave female observer soldiers who lost their lives in the Battle of Nahal Oz during the October 7 massacre in 2023. This solemn site stands as a tribute to their courage and sacrifice. **Meet with Sigal Price, the mother of Noa Z"l** an observer soldier **who fell in Nahal Oz outpost on Oct 7th**.

4:30 p.m. **Mission Ceremony honoring those who will never dance again – at the Nova Festival Site**, where a peaceful dance gathering transformed into a scene of terror, kidnapping, rape, and murder.

Proceed to Sde Boker , Check in at the Kedma hotel, time to rest and unwind

7 p.m. **Relaxed and flavorful dinner at the stylish Kedma Hotel**, a perfect spot to unwind, enjoy great food, and share stories from the journey so far.

After dinner, head out for a **guided stargazing experience** in the desert, at one of the best locations on the planet for observing the night sky. With minimal light pollution and vast open skies, you’ll have the chance to marvel at the stars, planets, and constellations in a truly unforgettable setting.

Overnight: Kedma, Sde Boker



THURSDAY - NOVEMBER 13, 2025

Breakfast at the hotel

8:30 a.m. Enjoy a peaceful **yoga session** on the hotel's rooftop terrace, surrounded by the magnificent views of the desert, a perfect way to connect with the stillness and beauty of the landscape. (we will try to have Yoga instructors of JDC)

10 a.m. Checkout and depart to Ofakim

11 a.m. Hands-On wood work shop with JDC – **Meet with Hadas Brand Minka – Head of JDC Israel**

Or

Volunteering opportunity in Ofakim

1 p.m. POP UP restaurant – a new initiative with the help of the JFGMW, cook together with local chefs

2:30 p.m. Visit the Resilience Center at Ofakim

4 p.m. Reflection session at Isha Center

6 p.m. **Festive dinner at Ossi's home in Ofakim , celebrate the 30th anniversary of the partnership with guests from the city**

Depart to the airport for your return flight – or – extend your stay in Israel

Departure on Nov 14, 12:30 am. LY 27

Toda ve'lehitraot bekarov

Thank you, and see you again soon.



Extension option:

Extend Your Stay to Enjoy the Spirit of Shabbat in Jerusalem

Weekend in Jerusalem at the David Citadel Hotel (Nov 14-16)

Experience the unique tranquility and spiritual depth of Shabbat in Jerusalem. As the city quiets, a sense of peace and reverence fills the air. The hum of daily life slows, and Jerusalem's streets come alive with the sounds of prayer, song, and shared meals. Shabbat in Jerusalem offers a profound connection to tradition, community, and the city's sacred energy, making it a truly unforgettable experience.

FRIDAY – November 15, 2025

Breakfast in the hotel's restaurant

Depart hotel for an Old city tour with your guide

Or

Morning volunteer in Jerusalem, preparing food for soldiers.

Hands-on cooking workshop guided by professional chef. Dive into the rich and vibrant culinary world of Israel . This experience goes beyond the plate, inviting you to roll up your sleeves, discover local ingredients, and create authentic dishes that capture the essence of Middle Eastern and Mediterranean cuisine.

Free time at **Machne Yehuda Market** and/or Jerusalem's City Center.

Time to rest and refresh before shabbat

Shabbat Dinner at the hotel.

Overnight, David Citadel Jerusalem.

SATURDAY – NOVEMBER 15, 2025

Breakfast at leisure in the hotel

Join Shabbat services **at a synagogue**, adjacent to the hotel.

Guided walking tour of Jerusalem. Include a **behind-the-scenes tour of the fascinating Migdal David** (the Tower of David) \$50 million renewal and conservation project. The new exhibition tells Jerusalem's story both chronologically and thematically, emphasizing



sustainability and conservation to safeguard the natural ecosystem of one of the world's oldest cities.

- Back at the hotel
- Lunch at the hotel
- Afternoon Optional – visit to Israel museum – on own

or

Pottery Workshop with Armenian artists at the Armenian quarter

Time to enjoy the hotel facilities and Spa.

Dinner on own

Transfer to the airport for departure flight