

Our Greater MetroWest network of Jewish agencies provides extensive services and resources for older adults.

**ACTIVITIES (EDUCATIONAL, SOCIAL) In-Person**

**JCC of Central NJ**

Alison Rivlin, (908) 889-8800 x260  
arivlin@jccnj.org  
jccnj.org

**Jewish Family Service of Central NJ (Hybrid)**

Andrea LoPresti, (908) 352-8375  
alopresti@jfscentralnj.org.jfscentralnj.org

**ACTIVITIES (EDUCATIONAL, SOCIAL) Virtually**

**JCC of Central NJ**

Alison Rivlin, (908) 889-8800 x260  
arivlin@jccnj.org  
jccnj.org

**Jewish Family Service of Central NJ (Zoom, Uniper)**

Joshua Rodrigues, (908) 352-8375  
jrodrigues@jfscentralnj.org  
jfscentralnj.org

**CAREGIVER SERVICES**

**Jewish Family Service of Central NJ**

(908) 352-8375

For caregivers of Holocaust survivors:

Gregory Yucht, gyucht@jfscentralnj.org

For caregivers of Alzheimer's/dementia clients:

Bonnie Freirich, bfreirich@jfscentralnj.org  
jfscentralnj.org

**CASE MANAGEMENT**

**Jewish Family Service of Central NJ**

Andrea LoPresti, (908) 352-8375  
alopresti@jfscentralnj.org  
jfscentralnj.org

**CHAPLAINCY/SPIRITUAL SUPPORT**

(at home & in hospitals and other settings)

**Federation Chaplaincy**

Jennifer Geretz, jgeretz@jfedgmw.org  
jfedgmw.org/chaplaincy

**COUNSELING/MENTAL HEALTH SERVICES**

(including Caregiver Support)

**Jewish Family Service of Central NJ**

Andrea LoPresti, (908) 352-8375  
alopresti@jfscentralnj.org  
jfscentralnj.org

**DISABILITY SERVICES**

(Residential Services & Day Programs)

**Jewish Family Service of Central NJ (support coordination)**

Delourdes Nicolas, (908) 352-8375  
dnicolas@jfscentralnj.org  
jfscentralnj.org

**DOMESTIC ABUSE**

(elder and other domestic abuse)

**Jewish Family Service of Central NJ, Project CEASSE**

(Combatting Elder Abuse through Supportive Services & Education)

Peter Jacob, (908) 352-8375  
pjacob@jfscentralnj.org  
jfscentralnj.org

**FINANCIAL NEEDS**

**Jewish Family Service of Central NJ**

(908) 352-8375  
jfscentralnj.org

**FITNESS/EXERCISE PROGRAMS**

**JCC of Central NJ**

Alison Rivlin, (908) 889-8800 x260  
arivlin@jccnj.org  
jccnj.org

**Jewish Family Service of Central NJ (virtual)**

Peter Jacob, (908) 352-8375  
pjacob@jfscentralnj.org  
jfscentralnj.org

**FOOD PANTRY**

**Jewish Family Service of Central NJ**

Kathleen Fernandez, (908) 352-8375  
kfernandez@jfscentralnj.org  
jfscentralnj.org

**FRIENDLY VISITORS**

**Jewish Family Service of Central NJ**

Danielle McLeer, (908) 352-8375  
dmcleer@jfscentralnj.org  
jfscentralnj.org

**GERIATRIC ASSESSMENT**

**Jewish Family Service of Central NJ**

Delourdes Nicolas, (908) 352-8375  
dnicolas@jfscentralnj.org  
jfscentralnj.org

# COMMUNITY SERVICES FOR OLDER ADULTS UNION/NORTHERN SOMERSET COUNTIES

Our Greater MetroWest network of Jewish agencies provides extensive services and resources for older adults.

## HOLOCAUST SURVIVOR SUPPORTS

(including accessing Claims Conference benefits, social programs, financial support, Russian language services)

### Jewish Family Service of Central NJ

Debbie Rosenwein, (908) 352-8375  
drosenwein@jfscentralnj.org

Gregory Yucht (for Russian language services)  
(908) 352-8375  
gyucht@jfscentralnj.org  
jfscentralnj.org

### Federation Chaplaincy

Jennifer Geretz, jgeretz@jfedgmw.org  
jfedgmw.org/chaplaincy

---

## HOME HEALTH AIDES

### Jewish Family Service of Central NJ

Maria Mullen, (908) 352-8375  
mmullen@jfscentralnj.org  
jfscentralnj.org

---

## HOUSING

### Jewish Family Service of Central NJ

(for referrals/resources)  
Delourdes Nicolas, (908) 352-8375  
dnicolas@jfscentralnj.org  
jfscentralnj.org

---

## JOB/CAREER COUNSELING

### Jewish Family Service of Central NJ

Delourdes Nicolas, (908) 352-8375  
dnicolas@jfscentralnj.org  
jfscentralnj.org

---

## LUNCH (served to groups)

### JCC of Central NJ

Alison Rivlin, (908) 889-8800 x260  
arivlin@jccnj.org  
jccnj.org

### Jewish Family Service of Central NJ (Café Europa and Coffee House)

(908) 352-8375  
jfscentralnj.org

## MEALS ON WHEELS

### Jewish Family Service of Central NJ

Yianni Athanasoulas, (908) 352-8375  
yathanasoulas@jfscentralnj.org  
jfscentralnj.org

---

## Money Management

(help writing checks, paying bills, organizing mail)

### Jewish Family Service of Central NJ

Danielle McLeer, (908) 352-8375  
dmcleer@jfscentralnj.org  
jfscentralnj.org

---

## SUPPORT GROUPS

### Jewish Family Service of Central NJ

(support coordination)  
Delourdes Nicolas, (908) 352-8375  
dnicolas@jfscentralnj.org  
jfscentralnj.org

---

## TRANSPORTATION

### Jewish Family Service of Central NJ

Diane DeAquino, (908) 352-8375  
ddeaquino@jfscentralnj.org  
jfscentralnj.org

### JCC of Central NJ

(to and from JCC CNJ's Adult Enrichment program only)  
Alison Rivlin, (908) 889-8800 x260  
arivlin@jccnj.org  
jccnj.org

---

## TRAVEL/DAY TRIPS

### JCC of Central NJ

Alison Rivlin, (908) 889-8800 x260  
arivlin@jccnj.org  
jccnj.org

---

## VOLUNTEER OPPORTUNITIES

### Jewish Family Service of Central NJ

Danielle McLeer, (908) 352-8375  
dmcleer@jfscentralnj.org  
jfscentralnj.org