## **Parent Conversation Starters**

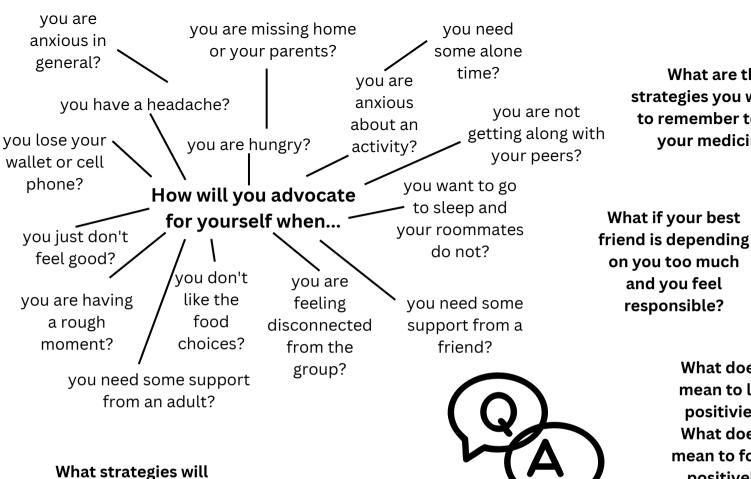
Compiled by Susan Altman and Beth Lipschutz, MSW

How will you help your participant be their most successful self on their Israel trip?

One way is to have conversations with them guided by the questions on the other side of this sheet. This will help your participant gain independence to make decisions and advocate for themselves while traveling in Israel.

Use these conversation starters in the way that works for you and your participant.





What are the strategies you will use to remember to take vour medicine?

and you feel

What is the difference between sarcasm and disrespect?

What will you do if a friend is not making good decisions?

> How will you respond to people with whom you disagree?

What is your plan to be on time for meals and activities?

Are there things that will get you automatically sent home? What are they?

What does it mean to make choices?

How will you help your friends and roommates be on time for meals and activities?

What are you worried about?

What if you feel peer pressure to do something you are not comfortable with?

you use to help

yourself be present in

Israel while knowing

that you can easily

reconnect with

people at home

through social media?

What do you do when you disagree with the leader's instructions but know you need to follow directions?

show you're assuming good will of others?





**HEALTHY** food

What does it mean to lead positiviely? What does it

mean to follow positively?

How will you